

WEEKENDS @ THE OLD BARRACKS

Starters

Soup of the Day (V) **GF**

Hearty homemade Soup with Guinness Bread
€6.95 (G, E, M, Cel, N) (gluten free on request)

Old Barracks Seafood Chowder

served with Homemade Guinness Brown Bread
Starter €9.5 (G, F, E, M, N) (gluten free on request)

Kelly's Black Pudding & Potato Croquette

Served with Gubbeen Cream & an Apple & Sultana Chutney
€9.95 (G, M)

Old Barracks Fish Cakes

Smoked Salmon, Prawn, Spring Onion Fish Cake with chunky Tartar, Rocket & Pickles
Starter €9.95 / Main €17.95 (G, F, Su)

Southern Fried Cauliflower Wings (V)

Served with house pickles & a Blue Cheese & Habanero Honey dressing
€9.95 (G, D, Su, M)

Salads

Healthy Warm Lemon Chicken Salad **GF**

Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted Cashews mixed Seeds & Honey Mustard Dressing
€15.95 (M, Mu, Se, N)

Panko Crusted Goats Cheese Salad (V)

Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam, Walnuts & toasted Seeds
€15.95 (N, G, Se) (gluten free on request)

Sides

Crispy Local Leaf Salad (Su) €4
Market Vegetables (Su) €4 / Chipotle Slaw (G) €4.5
Chunky Fries (G) €4.5 / Sweet Potato Fries (G) €4.5

Dips - 50c

Garlic Mayo / Chipotle Mayo / Sweet Chilli Sauce
Ballymaloe Relish

Old Barracks Sauces

Old Barracks Gravy €1
Peppercorn Sauce / Curry Sauce €1.5

A full list of Allergens are available for all menus on request

Mains

Roast Silverside of Local Beef **GF**

served with creamy Mash, seasonal Vegetables, crispy Onion Rings, Parmentier Potatoes & Harvey's Pepper Sauce
€18.5 (M) (gluten free on request)

Classic Roast Chicken

Roast Chicken with a Black Pudding Crumb served with creamy Mash, seasonal Vegetables, crispy Parmentier Potatoes & homemade Gravy
€18.5 (G, M)

Old Barracks Chicken Curry **GF**

Chicken & Coconut Curry with Spinach, Cashews & Seeds served with Basmati Rice & a crisp Poppadom
€18.5 (Su, N, Se)

Chefs Pasta Special

Inspired by the season topped with hand shaved Parmesan, served with a Garlic & Herb toastie
€17.5 (G) (vegetarian option available)

Fish & Chips

Delicious Fillet of "Mary's of Galway" Fish in a crispy Barracks Ale Batter & Homemade Tartar Sauce served with House Fries
€18.5 (M, G, E, F)

Hearty Vegan Curry (V) **GF DF LF**

Healthy & Hearty mild Vegetable Curry served with a crisp Poppadom, Spinach, Cashews, Seeds & Basmati Rice
€16.5 (Su, N, Se)

Old Barracks Classic Cheese Burger

Local Angus Beef patty on a Brioche Bap with Sergej's secret sauce, Cheese, pickled Onion & house Fries
€17.5 (G, M, E) (gluten free on request)

Spice Bag Chicken Burger

Crunchy 5 Spiced Chicken Fillet with Onions, Peppers, Iceberg Lettuce & Sweet Chilli Mayo served with Salt & Pepper Fries & a side of Curry Sauce
€17.5 (G, M, E)

PLEASE REQUEST A DESSERT MENU

Have you tried
our
Old Barracks
Craft Beers?

Please ask your server

Why not visit
our sister restaurant

**STONE
HOUSE**
PIZZA BAR

Open
Wednesday - Sunday