

WEEKENDS @ THE OLD BARRACKS

Starters

Soup of the Day (V) **GF**

Hearty homemade Soup with Guinness Bread
€6.95 (G, E, M, Cel, N) (gluten free on request)

Panko Crused Portobello Mushrooms (V)

stuffed with Applewood Cheddar served with Rocket & Garlic Mayo
€9.95 (G, E, M)

Old Barracks Thai Style Fish Cakes

served with house Pickled Vegetables, sweet Chilli Sauce & crispy Nori
Starter €9.95 / Main €17.95 (G, F, Su, M)

Salads

Buttermilk Chicken & Blue Cheese Salad

With crisp Iceberg, baby Gem, Cherry Tomatoes, Jalapeno, toasted Sesame Seeds, honeyed Walnuts, Garlic Croutons & a creamy blue Cheese & Habanero Honey dressing (grilled Chicken available)
€15.95 (G, D, Se, N)

Halloumi Bang Bang Salad (V)

Grilled Halloumi with marinated Chickpeas, brown Rice, Pickles, roasted Sweet Potato, Greens & a sweet Bang Bang dressing garnished with sweet Potato Crisps & toasted Peanuts
€15.95 (M, N, E)

Sides

Crispy Local Leaf Salad (Su) €4
Market Vegetables (Su) €4 / House Fries (G) €4.5
Sweet Potato Fries (G) €4.5

Dips - 50c

Garlic Mayo / Sweet Siracha Mayo
Sweet Chilli Sauce / Ballymaloe Relish

Old Barracks Sauces

Old Barracks Gravy €1
Peppercorn Sauce / Curry Sauce €1.5

A full list of Allergens are available for all menus on request

Mains

Roast Silverside of Local Beef **GF**

served with creamy Mash, seasonal Vegetables, crispy Onion Rings, Parmentier Potatoes & Harvey's Pepper Sauce
€18.5 (M) (gluten free on request)

Roast of the Day

served with creamy Mash, seasonal Vegetables, & homemade Gravy
€18.5 (G, M)

Teriyaki Salmon Noodles

Malaysian style Chicken Noodles with stir fried Vegetables garnished with crunchy Cashews & toasted Seeds
€17.95 (G, So, F, E)

Chefs Pasta Special

Inspired by the season topped with hand shaved Parmesan, served with a Garlic & Herb toastie
€17.5 (G) (vegetarian option available)

Fish & Chips

Delicious Fillet of "Mary's of Galway" Fish in a crispy Barracks Ale Batter & Homemade Tartar Sauce served with House Fries
€18.5 (M, G, E, F)

Hearty Vegan Curry (V) **GF DF LF**

Healthy & Hearty mild Vegetable Curry served with a crisp Poppadom, Spinach, Cashews, Seeds & Basmati Rice
€16.5 (Su, N, Se) (add Chicken +€3)

Old Barracks Classic Cheese Burger

Local Angus Beef patty on a Brioche Bap with Sergej's secret sauce, Cheese, pickled Onion & house Fries
€17.5 (G, M, E) (gluten free on request)

Spice Bag Chicken Burger

Crunchy 5 Spiced Chicken Fillet with Onions, Peppers, Iceberg Lettuce & Sweet Chilli Mayo served with Salt & Pepper Fries & a side of Curry Sauce
€17.5 (G, M, E)

PLEASE REQUEST A DESSERT MENU

Have you tried
our
Old Barracks
Craft Beers?

Please ask your server

Why not visit
our sister restaurant
**STONE
HOUSE**
PIZZA BAR

Open
Wednesday - Sunday