

SUMMER @ THE OLD BARRACKS

Starters

Soup of the Day (V) **GF**

Hearty homemade Soup with Guinness Bread
€7.5 (1a, 3, 7, 9, 8c)(gluten free on request)

Hot Honey Buttermilk Chicken Strips

with fresh Mango Chutney, Nigella Seeds & Garlic Aioli Drizzle
€10.95 (1a)

Pastacrisciut Focaccia

Roast Garlic Focaccia with Olive Oil & Balsamic Vinegar
€6.5 (1a)

Old Barracks Thai Style Fish Cakes

served with house Pickled Vegetables, sweet Chilli Sauce & crispy Nori
Starter €10.95 / Main €17.95 (1a, 4, 7, 12)

Salads / Sandwich

Bang Bang Chicken Buddha Bowl

Grilled spiced Chicken with marinated Chickpeas, brown Rice, Pickles, roasted Sweet Potato, dressed Leaves, Greens, & a sweet Bang Bang dressing garnished with sweet Potato Crisps & toasted Peanuts
€15.95 (3,5,10)

Habanero Honey Glazed Goats Cheese Salad

Donnachas dressed Leaves, roasted Beets, Pink pickled Onions, sun blush Tomatoes & toasted Pecans
€15.95 (8e, 10)

Halloumi Bang Bang Salad (V)

Grilled Halloumi with marinated Chickpeas, brown Rice, Pickles, roasted Sweet Potato, Greens, sweet Bang Bang dressing garnished with sweet Potato Crisps & toasted Peanuts
€15.95 (3, 5, 7)

Ultimate Ploughmans Board

Brady's Ham, roast Turkey, smoked Gubbeen, homemade Pickalilly, Coleslaw & Potato Salad served with Guinness & Walnut Crackers
€15.95 (1a, 9, 12)

Open Prawn & Smoked Salmon Sandwich

on homemade Guinness & Walnut Bread with Marie Rose Sauce served with tossed Salad & Coleslaw
€15.95 (1a, 2)

Chicken Goujon Wrap

Golden Chicken Pieces with crunchy Cos Lettuce, Cheese & Sweet Chilli, served with House Fries
€14 (1a, 3, 7, 12)

ALLERGENS:

1. GLUTEN (1a Wheat, 1b Rye, 1c Barley, 1d Oats) 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK 8. NUTS (8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts) 9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE & SULPHITES 13. LUPIN 14. MOLLUSC

Mains

Roast of the Day

served with creamy Mash, seasonal Vegetables, & homemade Gravy
€18.5

Crunchy Fish Tacos

Two Floury Tortillas loaded with Panko crusted Hake, crunchy Cos, Yuzu Mayonnaise, punchy Mango Salsa & house Pickles
€17.95 (1a)

Tiger Prawn Tagliatelle

Tiger Prawns with Spinach & Cherry Tomatoes in a Lemon Cream Sauce topped with hand shaved Parmesan & a Garlic & Herb Toastie
€17.95 (1a, 7)

Chefs Pasta Special

Inspired by the season topped with hand shaved Parmesan, served with a Garlic & Herb toastie
€17.5 (1a) (vegetarian option available)

Fish & Chips

Delicious Fillet of "Mary's of Galway" Fish in a crispy Barracks Ale Batter & homemade Tartar Sauce served with house Fries
€18.5 (1a, 3, 4, 7)

Old Barracks Classic Cheese Burger

Local Angus Beef patty on a Brioche Bap with Sergej's secret sauce, Cheese, pickled Onion & house Fries
€17.95 (1a, 3, 4) (gluten free on request)

Hail Caesar Chicken Burger

Crispy Chicken, crunchy Cos, Parmesan Shavings & Caesar dressing in a Brioche Bun served with House Fries
€17.5 (1a, 7)

Haloumi Veggie Burger

Grilled Piri Piri Spiced Haloumi on a Brioche Bap with Siracha Mayo & House Pickles served with sweet Potato Fries
€17.5 (1a, 7)

PLEASE REQUEST A DESSERT MENU

SIDES

Spice Bag Fries with Curry Sauce (1a, 10) €6.5

Crispy Local Leaf Salad (12) €4.5

Market Vegetables (12) €4.5

House Fries / Sweet Potato Fries (1a) €4.5

DIPS - 50c

Garlic Mayo / Sweet Sriracha Mayo /

Sweet Chilli Sauce / Ballymaloe Relish

SAUCES - €1.5

Old Barracks Gravy / Peppercorn Sauce /
Curry Sauce