

STARTERS

Soup of the Day (V)..... €6.95

Hearty homemade Soup with Guinness Brown Bread
(G, E, M, Cel, N) (gluten free on request)

Sticky Korean Chicken.....€9.5

On a bed of fluffy Rice with sweet Chilli Gochujang Sauce, Garlic Mayo, toasted Sesame Seeds & pickled Ginger (G, Su, So, Se)

Tempura of Tiger Prawns.....€9.5

Served with Pickled Japanese Vegetables & Wasabi Mayonnaise (F, G, Su)

Southern Fried Cauliflower Wings (V).....€9.5

with house Pickles & a Blue Cheese & Habanero Honey dressing
(G, D, Su)

Chorizo & smoked Gubeen Croquettes.....€9.5

with Chipotle Mayo & wild Rocket (G, D)

GOURMET SANDWICHES

All gourmet sandwiches available on gluten free bread

Old Barracks Angus Steak Sandwich.....€17.95

Open Steak sandwich on Sourdough with Garlic Mayo, creamy Mushrooms, crispy Onion rings, Fresh Rocket, Harvey's Pepper Sauce & House Fries (G, M,E) (gluten free on request)

Open Goats Cheese & Mediterranean Veg Sourdough €14

Open Sourdough with Red Onion Marmalade, fresh Rocket, Basil Pesto & Balsamic Reduction served with Fries
(G, D, Su, N) (gluten free on request)

Chicken Goujon Wrap€13

Golden Chicken Goujons with sweet Chilli Mayo, Cheese & crunchy Cos Lettuce served with House Fries (G,E)

SALADS

Healthy Warm Lemon Chicken Salad ^{GF}€14.95

Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted Cashews, mixed Seeds & Honey Mustard Dressing (M, N, Se, Mu)

Old Barracks Whipped Greek Feta Salad€14.95

Served with Cucumber, Cherry Tomatoes, Olives, wild Rocket, Balsamic & Olive Oil with Stone House Garlic Pizza Breads
(G, D, Su) (gluten free on request)

Buttermilk Chicken & Blue Cheese Salad.....€15.95

With crisp iceberg, baby Gem, cherry Tomatoes, Jalapeno, toasted Sesame Seeds, honeyed Walnuts & a creamy blue Cheese & Habanero Honey dressing (G, N, D, Se)

Gluten Free Vegetarian option available please ask server)

STUDENT CORNER

ONLY STUDENTS IN UNIFORM MAY ORDER FROM THIS MENU,
AVAILABLE MON-FRI

Chicken Goujon Wrap Golden Chicken pieces with crunchy Cos Lettuce, Cheese & Sweet Chili served with House Fries (G, M, E, Su)	Crunchy Chicken Tenders Breaded Chicken Tenders served with Garlic Mayo House Fries (G, M, E, Su)	Student Pasta of the Day topped with Parmesan, served with Garlic & Herb Crostini
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ONLY €11 EACH