STARTERS

Soup of the Day
The Old Barracks Seafood Chowder
Homemade Spring Roll Choose from: Asian Spiced Veggies, Egg Noodles & Harvey's sweet Chilli Jam (V) (G, E, Su)
Shredded Duck, Egg Noodles, crisp Veg with a Sesame, Soy & Harvey's Sweet Chilli Jam (G, E, Su)
Crunchy Spiced Cauliflower Fritters (V)
Smoked Mackerel Rillettes
Crispy Chicken Wings Starter €7.95 / Main €12.95 in a Garlic & Spring Onion Butter with Guillain Mayonnaise (G, E, M)
We can now take Visa/Laser card payments at your table or

Please take note of your table number for payments at till

SALADS

Brady Crispy Beef & Mexican Bean Burrito Bowl
Homemade Crunchy Falafel Salad (V)
toasted flatbreads (G, Se, Su)
Healthy Warm Lemon Chicken Salad Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted cashews & mixed seeds topped with Honey & Mustard dressing (M, N, Se, Mu)
Pistachio Crusted Goats Cheese Salad (V)€12.50 Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam & toasted Seeds (N, G, Se)
GOURMET SANDWICHES
Slow Cooked Pulled Ham Ciabatta€12.00
Mature Cheddar, wholegrain Mustard Mayo, pickled Onion &
Relish on a Crispy Ciabatta served with Skinny Fries (G, M, Su)
Crispy Barbequed Pork Bao€12.00
served in a Bao Bun with crispy Asian Salad, Soy & Chilli dipping
Sauce served with Skinny Fries (G)
Old Barracks Angus Steak Sandwich