

Starters

Homemade Seasonal Soup €5.95
With Old Barracks oven fresh Brown Bread (G,E,M,Cel,N)

Pistachio Crusted Goats Cheese

Bon Bons €8.50

Served on a carpaccio of Beetroot with Red Onion Jam, Sun Dried Tomatoes, Balsamic dressed Rocket & Roasted Pistachios (N,Se,Su,M)

Mediterranean Falafel Bowl €8.50

Homemade Falafel with Greek Feta, Beetroot, Cherry Tomatoes, Red Pepper Hummus, crisp Rocket with a creamy Lemon Tahini dressing (M,Se,Su)

Sticky Korean Chicken €8.50

Chicken marinated in Chilli, Ginger, Honey & Soy, served with tossed Salad Leaves, Kimchi & roasted Peanuts dressed in a sticky Gochujang sauce (G,N,Su)

Shredded Duck & Mango €9.50

Confit of crispy Duck served with Cucumber, Mango, Spring Onion, Pomegranate, Peanuts with a sesame & Sweet Chilli dressing (G,N,Se)

Prawn Tempura €9.50

Six King Prawns in a light crisp batter served with Kikkoman dipping sauce (F,G)

Mains

Rib Eye Steak €27.00

Cooked to your liking, with Chunky Fries, Battered Onion Rings, Portobello Mushrooms & your choice of Black Peppercorn Sauce, Garlic Butter or Beranaise Sauce(G,M)

Fish of the Evening

Please ask server for details

Chef's Pasta of the Night €14.50

Topped with freshly shaved Parmesan and served with Garlic & Herb Focaccia. Ask your server for details (G,M)

Malaysian Chicken Noodles €14.50

Garnished in Crunchy Cashews & Toasted Seeds (E,G,Su,M,N)

Beer Battered Cod €16.50

Served with Chunky Chips, Homemade tartare Sauce & Tossed Salad (G,F)

Hearty Vegan Curry €14.95 (V)

Healthy & hearty mild, Vegetable curry with baby Spinach, Cashews & Seeds served with Basmati Rice, Naan & Raita (Su, N, Se) Add Chicken €1.50

Old Barracks Beef Burger €15.50

Local Beef Patty on a Sourdough Bap with melted Cheddar, Lettuce, Bacon, Pickled Onion, Gherkin, Tomato & our Secret Sauce, served with Chunky Chips, Relish & Crunchy House Slaw (G,M,Su)

Buttermilk Chicken Burger €14.50

Cajun spiced Buttermilk Chicken breast with Lettuce, Cajun mayo & Chunky Chips served with Crunchy House Slaw (G,E,M,Su)

Grilled Salmon Noodles €16.50

With Stir Fried Vegetables in a Sesame, Soy, Sweet Chilli & Coriander Dressing (E,G,Se,Su)

Falafel Burger €13.50 (V)

Homemade Falafel Burger with vegan Harissa Mayo, crunchy Cos Lettuce & Pickled Onion served with sweet Potato Fries (Su, G)

Sides

Seasonal Veg €4.50

Champ Mash €4.50

Sweet Potato Fries €4.50

Chunky Chips €4.50

House Salad €4.50