

# DINNER MENU

@ THE OLD BARRACKS

## LIGHT BITES AND SALADS

### Wholesome Soup of the day (Ask Server)

with homemade Brown Bread  
€ 5.50 (G,E)

### Homemade Creamy Seafood Chowder

served with homemade Brown Bread  
€ 6.50 (G,F,M,E)

### Thai Style Fish Cakes

served with crisp Salad & sweet Chilli sauce  
€ 9.95 (G,F,Su)

### Fully Loaded Fries Old Barracks Style (G,M,Su)

- Loaded Fries with crispy Bacon lardons, melted Cheddar & sweet Chilli Mayo  
€ 6.50

- Loaded Piri-Piri Fries with homemade Tomato Salsa, Cheddar & sweet Chilli Mayo (V)  
€ 6.50

### Grilled Chicken Caesar Salad

with crisp Bacon, shaved Parmesan, Garlic Croutons & our own Caesar dressing  
€ 10.95 (G,M)

### Hazelnut crusted Goats cheese Salad

warm crusted Goats Cheese on a Balsamic dressed baby Leaf Salad of roasted Beetroot, Pear, Honeyed Walnuts & Seeds  
€ 10.95 (N,G,S,E)

### Crunchy Falafel Salad

with a Beetroot Hummus, fresh Tomato & Coriander Salsa, a Lemon & Herb Yogurt dressing served with Flatbreads  
€ 10.95 (M,G,Se)

## GOURMET SANDWICHES

### Bacon, Brie & Avocado Melt

Crisp Rashers, Avocado, Brie & Beef Tomato, Lettuce & Mayo on a toasted Sourdough with chunky Chips  
€ 9.95 (G,M,Su)

### Cajun Chicken Melt

on a toasted Sourdough with melted Cheddar, Cajun Mayo & red Onion served with chunky Chips  
€ 9.95 (G,M,Su)

### Old Barracks Steak Sandwich

tender Angus Steak served with toasted Sourdough, Wholegrain Mustard, Cheese, crispy Onions, Coleslaw & chunky Fries  
€ 12.95 (G,F,M,E)

## BIGGER PLATES

### Traditional Roast Dinner of the day (Ask Server)

always locally sourced and served with Potatoes & Seasonal Vegetables  
€ 12.50

### Grilled Teriyaki Salmon Fillet

on a bed of Noodles with stir fried crispy Vegetables topped with Seeds  
€ 12.95 (E,G,Se,Su)

### Chicken Fillet Burger

Cajun spiced Buttermilk Chicken breast on a Sourdough Bap with Lettuce, Cajun Mayo & Chunky Chips  
€ 12.50 (G,E,M,Su)

### Old Barracks Angus Beef Burger

on a Sourdough Bap with melted Cheddar, Lettuce, Onion, Tomato & Mayo served with chunky Chips & Relish  
€ 12.95 (G,M,E)

### Malaysian style crispy Chicken Noodles

Stir Fried with Vegetables in a sweet Chilli, Soy & Coriander sauce  
€ 12.50 (E,G,Su,M)

### Vegan Curry

Healthy & Hearty Mild Vegetable Curry served with a Crispy Poppadum & Basmati Rice  
€ 10.50 (Su,N,Se)

## SIDES

Chunky Chips € 3.50  
Freshly tossed Garden Salad € 3.50  
Piri – Piri Fries € 3.50  
Seasonal Vegetables € 3.50

“All of our Dishes are available for Take away  
Please follow us on Facebook for updates on our Drive Thru Menus & To-Go Services, Thank you”

Friday & Saturday Evening Specials Available,  
please ask your Server!

## ALLERGENS

Please advise your server of any special dietary requirements, including intolerance and allergies. Where possible, our trained staff will advise you on alternative dishes. However, while we do our best to reduce the risk of cross contamination in our restaurant, we CANNOT guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.

G = Contains Gluten  
C = Contains Crustaceans  
E = Contains Eggs  
F = Contains Fish  
P = Contains Peanuts

So = Contains Soya  
Su = Contains Sulphur Dioxide & Sulphites  
M = Contains Milk  
N = Contains Nuts

Cel = Contains Celery  
Mu = Contains Mustard  
Se = Contains Sesame Seeds  
L = Contains Lupin  
Mol = Contains Molluscs