

BREAKFAST MENU

(Served until 12 Midday)

Scones/Croissant/Pastries

Served with Butter, Follain Jam & Cream
€ 2.50 (G,E,M,N,Se)

Homemade Granola

With Honeyed Oats, Toasted Seeds & Nuts, Dried Fruits, Served with a Selection of Fresh Berries & Yogurt
€ 5.50 (Se)

American Style Pancakes

Nutella & Marshmallows
€ 5.95 (E,M,G)

Fresh Fruit & Natural Yogurt
€ 6.95 (E,M,G)

Crispy Bacon & Maple Syrup
€ 6.95 (E,M,G)

Scrambled Eggs & Bacon

With Crispy Bacon, House Relish, Toasted Rustic Bread
€ 6.95 (M,E,G)

Breakfast Sandwich

Walsh's Sausages, Rashers, Fried Egg, Relish in a Soft Bap, Fries
€ 7.95 (G,E,M)

Homemade Tournafulla Black Pudding Potato Cakes

With Crisp Bacon, Poached Egg & Red Onion Marmalade
€ 8.50 (G,E,So)

Eggs Benedict

With Poached Eggs on Smoked Salmon or Crisp Bacon on toasted rustic Bread with Hollandaise
€ 7.95 (E)

Old Barracks Mini Fry

With Walsh's Sausage, Crisp Bacon, Egg, Pudding & Sautéed Potato Tea/Coffee & Toast/Brown Bread
€ 8.50 (G,E,Su,So)

Old Barracks Big Breakfast

With Walsh's Sausage, Two Rashers, Egg, Black & White Pudding, Mushrooms, Tomato, Sautéed Potatoes & Beans
Tea/Coffee & Toast/Brown Bread
€ 9.95 (E,G,Su,So)

Veggie Breakfast

Sautéed Baby Potatoes, Mushrooms, Roast Red Peppers, Grilled Tomato, Avocado & Eggs
Tea/Coffee & Toast/Brown Bread
€ 9.95 (E,G,Su)

LIGHT BITES & SALADS

Soup of The Day

Market Fresh Soup of the Day Served with Old Barracks Brown Bread
€ 4.95 (G,E)

Homemade Seafood Chowder

Served with Old Barracks Brown Bread
€ 6.50 (G,E,M,E)

Burrito Bowl

Tender marinated strips of Brady's Beef with Crunchy Salad Leaves, Kidney Beans, Avocado, Salsa & Sour Cream with Flatbreads
€ 10.95 (G,P,M,Se)

Healthy Lemon Chicken Salad

Healthy Warm Lemon & Rosemary Chicken Salad with Dressed Baby Salad Leaves, Roasted Sweet Potato, Creamy Greek Feta, Toasted Cashew Nuts & Seeds
€ 9.95 (N,Se,Su)

Hazelnut Crusted Goats Cheese Salad

Warm Crusted Goats Cheese on a Balsamic Dressed Baby Leaf Salad of Roasted Beetroot, Pear, Honeyed Walnuts & Seeds
€ 9.95 (N,G,Se)

Falafel Salad

Crunchy Falafel Salad with a Beetroot Hummus, Fresh Tomato & Coriander Salsa, a Creamy Lemon & Herb Yogurt Dressing Served with Flat Breads
€ 9.95 (M,G,Se)

Mexican Beef Chilli Nachos

Loaded with Beef Chilli, Salsa and Melted Cheddar Cheese topped with Sour Cream
€ 8.50 (G,M,Su)

Thai Style Fish Cakes

Served with Crisp Salad & Sweet Chilli Sauce
€ 8.50 (G,F,Su)

GOURMET SANDWICHES & SIDES

Bacon Avocado & Brie Melt

Served on Toasted Focaccia Bread with Crisp Salad Leaves & Sundried Tomato Mayonnaise, Served with Chunky Fries
€ 8.95 (G,M,Su)

Chicken Quesadillas

Spiced Chicken, Cheddar Cheese, Grilled Peppers, Red Onion on a Garlic Tortilla with Sour Cream & Refreshing Tomato Salsa
€ 8.50 (G,M)

Pulled Pork Brioche Bun

Tender Pulled Pork in our Homemade Spicy BBQ Sauce on a Brioche Bun with a Crisp Red Cabbage Slaw & Side of Piri Piri Fries
€ 9.95 (G,M)

Old Barracks Steak Sandwich

Tender Angus Steak served with Toasted Sour Dough with Wholegrain Mustard, Cheese, Crispy Onions, Coleslaw & Chunky Fries
€ 10.95 (G,M,Su)

Open Smoked Salmon Sandwich on Guinness Bread

Served with Capers, Wedge of Lemon & Side Salad
€ 9.95 (E,G)

Pesto Chicken Melt

Grilled Chicken Breast with Sun Dried Tomatoes, Homemade Basil Pesto and Melted Mozzarella Cheese on a Toasted Ciabatta with Generous Freshly Tossed Side Salad
€ 8.95 (G,N,M,Su,Mu)

SIDES

Crispy Local Leaf Salad (Su)

Market Vegetables (Su)

Piri Piri Fries (G)

Chunky Fries (G)

Sweet Potato Fries (G)

€ 3.00 each

MAIN DISHES

Roast of the Day (Ask Server)

Always from our local butcher and Served with today's Potatoes, Seasonal Vegetables, Red Wine Jus
€ 11.95

Old Barrack's Angus Beef Burger

On a Brioche Bun with Cheddar Cheese, Lettuce, Onion, Tomato & Mayonnaise Served with Chunky Fries, Coleslaw & Relish
€ 11.95 (G,M,E)

Cajun Chicken Fillet Burger

On a Seeded Sour Dough Bap with Lettuce, Tomato, Onion & Mayo served with Sweet Potato Fries & Spicy Cajun Mayonnaise
€ 10.95 (G,E,Se)

Teriyaki Salmon Fillet

On a Stir-fry of Noodles with Crisp Broccoli, Carrot & Spring Onion, Soy, Ginger, Toasted Seeds, Coriander & Lime
€ 11.95 (E,G,Se,Su)
(Chicken instead € 10.95)

Golden Fried Chicken Goujons

Served with Crisp Salad, Chunky Fries & Garlic Mayo
€ 10.95 (G,M,E,Su)

Friendly Farmer Chicken (Ask Server)

Roast Chicken Dinner of the Day served with today's Potatoes & Seasonal Vegetables
€ 10.95

Cod & Chips

Delicious Fillet of Cod in a Homemade Crunchy Crust with Crisp Salad, Lemon Wedge, Chunky Fries & Tartar Sauce
€ 11.95 (M,G,E,F)

Homemade Quiche of The Day

Tartlet of Vegetarian Quiche in a Light Shortcrust Pastry Served with Today's Salad, Coleslaw & Fries
€ 9.95 (G,M,E)

Pasta of The Day (Ask Server)

Freshly prepared Pasta of The Day topped with Freshly Shaved Parmesan and Garlic and Herb Ciabatta
€ 10.95 (G,E)

HAVING A PARTY OR EVENT? WE CATER!

Ask your server for details or visit our website

www.oldbarracks.ie & find us on facebook

DESSERTS

€4.50 Each

Rocky Road

Old Barracks Favourite Belgian Chocolate with Biscuit & Mallow

Classic Lemon Tart

Crisp Short crust Pastry Filled with a Rich Lemon Curd

Warm Apple Crumble

Classic 'Old Barracks' Apple Crumble

Pear, Chocolate & Almond Tart

Old Barracks Bakewell Tartlet of Fresh Pear, Rich Chocolate & Almond Flakes

Malteser Cake

Malt Flavour Sponge, Filled and Covered with a Malt Butter Icing, Decorated with Maltesers

Warm Chocolate Brownie

Rich Belgian Chocolate All Butter Brownie

Fresh Fruit Pavlova

Seasonal Fresh Fruits & Cream on a Mallowy Meringue Base

Chocolate Fudge Cake

3 Layers of Rich Chocolate Cake

Toblerone Cheesecake

Our Signature Dessert. Light Biscuit Base, Hint of Irish Cream & Generous Toblerone Filling

Banoffi Pie

Crispy Biscuit Base with Sticky Caramel, Real Bananas & Fresh Cream

Raspberry & Almond Tart

Old Barracks Bakewell Tartlet of Fresh Raspberries, Homemade Jam & Almond Flakes

Chocolate Merveilleux

Layered Meringue of Chocolate Praline Dipped in Belgian Chocolate

FOR THE KIDS

Gingerbread Men/Rice Krispie Bun/ Ice Cream with Chocolate Sauce
€ 1.00 - € 2.00

All of our Desserts Served with Freshly Whipped Cream or Vanilla Ice Cream

Please ask a member of staff for a full list of Dessert Allergens

HOT BEVERAGES

Tea	€ 2.20
Herbal Tea	€ 2.50
Mint / Earl Grey / Lemon / Green Tea	
Chamomile / Red Fruits	
Americano	€ 2.40
Flat White (M)	€ 2.80
Latte (M)	€ 2.80
Cappuccino (M)	€ 2.80
Mocha (M)	€ 3.00
White Choc Mocha (M)	€ 3.00
Single Espresso	€ 2.20
Double Espresso	€ 2.80
Hot Chocolate	€ 3.00
White Hot Chocolate	€ 3.00

Add Extra Shot	€ 0.50
Add Hazelnut / Caramel / Vanilla Syrup	€ 0.25



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'No. 1 Restaurant in Athenry'
as voted by TripAdvisor!

COLD DRINKS / BEER / WINE

Bottled Beer

Coors Light (Su) / Corona (Su) / Bulmers (Su) € 4.50 / Galway Ale / Galway Stout / Craft Beers € 5.50

Wine by the Glass / Bottle

Extensive Wine and Craft Beer List available, please ask your server

Soft Drinks

Coke / Diet Coke / 7up / 7up-Free / Orange / Kid's Juice
€ 2.00

San Pellegrino

Lemon / Orange / Grapefruit
€ 2.50

Old Barracks Green Juice

Freshly squeezed in house daily, a glass of goodness!
Jar € 4.50 / Kid's € 2.50

Mineral Water

Still (Su) / Sparkling (Su) / Large Bottle € 3.50 / Small Bottle € 2.00