

The Old Barracks Bistro

Light Bites

Soup of The Evening
Always Wholesome, vegetarian & Gluten Free
€ 4.95 (G,E)

Barracks Creamy Seafood Chowder with Homemade Guinness Bread
€ 6.50 (G,F,ME)

Sticky Guinness Chicken Wings
Tender Wings in a Sweet Guinness Marinade, served with a Cashel Blue Dip & Crisp Vegetable Garnish
€ 8.00 (G,SU)

Thai Style Fish Cakes
Served with a Sweet Pickled Cucumber Salad & Sweet Chilli Sauce
€ 8.50 (G,F,SU)

Duo of Creamy Goats Cheese
Hazelnut Crusted Goats cheese Croquette & Whipped Goats cheese Mousse on a Carpaccio of Beetroot with
Home Made Red Onion Jam
€ 8.50 (N,E)

Cider Braised Ham Hock Terrine
With Grilled Home Made Onion Bread with a Sweet Fig & Apple Chutney
€ 8.50 (SU, MU)

Tian of Caherciveen Crabmeat & Avocado
With a Salad of Shaved Apple, Radish & Line
€ 8.95 (MO, E)

To Share

House Favourites Platter
Home Made Ham Hock Terrine, Whipped Goats Cheese Mousse & Sliced Smoked Salmon with Crisp
Salad, Home Made Brown Bread & Chutneys
€ 15.00 (SU, MU, F)

Sharing Platter
Sticky Guinness Wings, Thai Style Fish Cakes & Hazelnut Crusted Goats Cheese Croquettes Served
with Crisp salad & Dips
€ 15.00 (G, SU, N)

Main Dishes

8oz Irish Striploin Steak Cooked to your liking
Served with Chunky Fries, Crisp Battered Onion Rings & a Choice of Sauces
(Creamy Pepper, Garlic Butter or Red Wine Jus)
€ 22.50 (G, E)

Parmesan Crusted Supreme of Chicken on a Sweet Potato Puree with a Creamy Wild Mushroom Sauce
€ 14.50 (M)

Old Barracks Famous Angus Beef Burger
In a Brioche Style Bun, Bacon & Cheddar with a Battered Onion Ring & Served with Coleslaw, Relish &
Fries
€ 14.50 (G, MU, E)

The Three Little Pigs
Slow Roasted Pork Belly, with Grilled Tournafulla Black Pudding on a Smokey Bacon, Kale & Chive
Champ with a Rich Cider Gravy
€ 16.00 (SU, G)

Old Barracks Fish & Chips
Delicious Chunks of our 'Catch of the Day' in a Crunchy Herb Crust, served with Minted Peas, Chunky
Fries & Tartare Sauce
€ 14.50 (M, G, E, F)

Oven Baked Teriyaki Salmon Fillet
On a Stirfry of Egg Noodles, with Crisp Broccoli, Carrot & Spring Onion, Soy, Ginger, Coriander &
Lime
€ 15.50 (G, SO, F, E)

Fish Dish of the Evening
(Please Ask your Server)

Creamy Asparagus & Garden Pea Risotto
With a Pea Puree, Pea Shoots & Parmesan Shavings
€ 14.50 (M)

Selection of Sides

Skinny Fries	€ 3.00	Vegetables of The Evening	€ 3.00
Chunky Chips	€ 3.00	Potato of The Evening	€ 3.00
House Salad	€ 3.00	Sweet Potato Puree	€ 3.00