

Breakfast Menu

(Served until 12 Midday)

Homemade Scone/Croissant

Served with Butter, Follain Jam & Cream

€ 2.00 (G,E,M,N,Se)

Pastries

Pain au Raisin

Muffins

Cherry & Almond Croqante

€ 2.50 (G,E,M,N,Se,Su)

Homemade Granola

With Honeyed Oats, Toasted Seeds & Nuts, Dried Fruits, Served with a Selection of Fresh Berries & Yogurt

€ 5.50 (Se)

American Style Pancakes

Nutella & Marshmallows

€ 5.95 (E,M,G)

Fresh Fruit & Natural Yogurt

€ 6.50 (E,M,G)

Crispy Bacon & Maple Syrup

€ 6.75 (E,M,G)

Scrambled Eggs

With Crispy Bacon, House Relish and Toast

€ 6.95 (M,E,G)

Bacon, Sausage, Egg Buttie

Walsh's Sausages, Rashers, Fried Egg, Relish in a Soft Bap, Fries

€ 7.95 (G,E,M)

Homemade Turnafulla Black

Pudding Potato Cakes

With Crisp Bacon, Poached Egg & Red Onion Marmalade

€ 7.95 (G,E,So)

Gluten Free Eggs Benedict

With Poached Eggs on Smoked Salmon or Crisp Bacon on Homemade Gluten Free Bread with Hollandaise Sauce

€ 7.95 (E)

Old Barracks Mini Fry

With Walsh's Sausage, Crisp Bacon, Free Range Egg, Pudding & Sauteed Potato

Tea/Coffee & Toast/Brown Bread

€ 8.50 (G,E,Su,So)

Old Barracks Big Breakfast

With Walsh's Sausage, Two Rashers, Egg, Black & White Pudding, Mushrooms, Tomato, Sauteed Potatoes & Beans

Tea/Coffee & Toast/Brown Bread

€ 9.95 (E,G,Su,So)

Lite Bites & Salads

Soup of The Day

Market Fresh Soup of The Day Served with Old Barracks Brown Bread

€ 4.50 (G,E)

Homemade Seafood Chowder

Served with Old Barracks Brown Bread

€ 5.95 (G,F,M,E)

Thai Style Fish Cakes

Served with Crisp Salad & Sweet Chilli Sauce

€ 7.95 (G,F,Su)

Warm Chicken & Tournafulla Black Pudding Salad

Served on a Bed of Local Leaves with Crispy Onions, Smoked Gubeen Cheese, Honey & Mustard Dressing

€ 9.95 (G,M,Mu)

Old Barracks Superfood Salad

Fresh Salad of Local Leaves, Avocado, Beetroot & Sundried Tomatoes with Crumbled Feta, Toasted Almonds, Mixed Seeds & a Homemade Brown Bread

€ 9.95 (Nu,Su,Se)

(+ chicken € 1.50)

Hazelnut Crusted Goatscheese Salad

Warm Crusted Goatscheese on a Balsamic Dressed Baby Leaf Salad of Roasted Beetroot, Pear, Honey'd Walnuts & Seeds

€ 9.95 (N,G,Se)

Falafel Salad

Crunchy Falafel Salad with a Beetroot Hummus, Fresh Tomato & Coriander Salsa, a Creamy Lemon & Herb Yogurt Dressing Served with Flat Breads

€ 9.95 (M,G,Se)

Crispy Duck Noodle Salad

Crisp Vegetables, Egg Noodles, Mixed Leaves, Cashew Nuts and a Chilli & Garlic Coriander Dressing with a Drizzle of Sweet Chilli Sauce

€ 9.95 (G,Se,So,N)

**No 1 Restaurant in Athenry
as Voted by Tripadvisor**

Gourmet Sandwiches & Sides

Bacon Avocado & Brie Melt

Served on Toasted Focaccia Bread with Crisp Salad Leaves & Sundried Tomato Mayonnaise, Served with Chunky Fries
€ 8.95 (G,M,Su)

Chicken Quesadillas

Spiced Chicken, Cheddar Cheese, Grilled Peppers, Red Onion on a Garlic Tortilla with Sour Cream & Tomato Salsa
€ 8.50 (G,M,)

Pulled Pork Brioche Bun

Tender Pulled Pork in our Homemade Spicy BBQ Sauce on a Brioche Bun with a Crisp Red Cabbage Slaw & Side of Piri Piri Fries
€ 9.95 (G,M)

Old Barracks Steak Sandwich

Tender Angus Steak served with Toasted Sour Dough with Wholegrain Mustard, Cheese, Crispy Onions, Coleslaw & Chunky Fries
€ 10.95 (G,M,Su)

Open Smoked Salmon Sandwich on Guinness Bread

Served with Capers, Wedge of Lemon & Side Salad
€ 9.95 (F,G)

Gourmet Sandwich of The Day

Please ask your Server or see Specials Board
€ 8.95

**We can now take
Visa/Laser Card Payments
at your table**

Or

**Please take note of your
Table Number for Cash
Payments at Till**

Sides

Crispy Local Leaf Salad (Su)/Market Vegetables (Su)/Piri Piri Fries (G)/Chunky Fries (G)/Sweet Potatoe Fries (G)
€ 3.00 ea

Main Dishes

Old Barracks Angus Beef Burger

On a Brioche Bun with Cheddar Cheese, Lettuce, Onion, Tomato & Mayonnaise Served with Chunky Fries, Coleslaw & Relish
€ 11.95 (G,M,E)

Cajun Chicken Fillet Burger

On a Seeded Sour Dough Bap with Lettuce, Tomato, Onion & Mayo served with Sweet Potato Fries & Spicy Cajun Mayonnaise
€ 10.95 (G,E,Se)

Oven Baked Salmon Fillet

On a Stirfry of Noodles with Crisp Broccoli, Carrot & Spring Onion, Soy, Ginger, Toasted Seeds, Coriander & Lime
€ 11.95 (E,Se,Su)
(Chicken instead € 10.95)

Golden Fried Chicken Goujons

Served with Crisp Salad, Chunky Fries & Garlic Mayo
€ 10.95 (G,M,E,Su)

Cod & Chips

Delicious Fillet of Cod in a Homemade Crunchy Crust with Crisp Salad, Lemon Wedge, Chunky Fries & Tartar Sauce
€ 11.95 (M,G,E,F)

See our Specials Board for:

Roast of the Day

Served with Creamy Mash & Seasonal Vegetables
€ 11.95

Homemade Quiche of The Day

Tartlet of Quiche in a Light Shortcrust Pastry Served with Today's Salad, Coleslaw & Fries
€ 9.95 (G,M,E)

Pasta of The Day

(Please see our Boards)
€ 10.95

Vegetarian Pasta of the Day

€ 9.95

**Having a Party or Event?
We Cater!**

**Ask your server for details
or visit our website
www.oldbarracks.ie
and find us on facebook**

Desserts € 4.50

Rocky Road

Old Barracks Favourite Belgian Chocolate with Biscuit & Mallow

Classic Lemon Tart

Crisp Short crust Pastry Filled with a Rich Lemon Curd

Warm Apple Crumble

Classic "Old Barracks" Apple Crumble

Pear, Chocolate & Almond Tart

Old Barracks Bakewell Tartlet of Fresh Pear, Rich Chocolate & Almond Flakes

Malteser Cake

Malt Flavour Sponge, Filled and Covered with a Malt Butter Icing, Decorated with Maltesers

Warm Chocolate Brownie

Rich Belgian Chocolate All Butter Brownie

Fresh Fruit Pavlova

Seasonal Fresh Fruits & Cream on a Mallowy Meringue Base

Chocolate Fudge Cake

3 Layers of Rich Chocolate Cake

Toblerone Cheesecake

Our Signature Dessert..Light Biscuit Base, Hint of Irish Cream & Generous Toblerone Filling

Banoffi Pie

Crispy Biscuit Base with Sticky Caramel, Real Bananas & Fresh Cream

Raspberry & Almond Tart

Old Barracks Bakewell Tartlet of Fresh Raspberries, Homemade Jam & Almond Flakes

Chocolate Merveilleux

Layered Meringue of Chocolate Praline Dipped in Belgian Chocolate

(All of our Desserts Served with Freshly Whipped Cream or Vanilla Ice Cream)

For The Kids:

Gingerbread Men/Rice Krispie Bun/Ice Cream with Chocolate Sauce € 1.00 - € 2.00

(Please ask a member of staff for a full list of Dessert Allergens)

Hot Beverages:

Tea/Dec Caf Tea € 2.20

Herbal Tea € 2.50
(Mint/Earl Grey/Lemon/Green Tea/Chamomile)

Americano/De Caf € 2.40

Flat White (M) € 2.80

Latte (M) € 2.80

Cappuccino (M) € 2.80

Mocha (M) € 2.80

Single Espresso € 2.20

Double Espresso € 2.80

Add Extra Shot € 0.50

Add Hazelnut/Caramel/Vanilla € 0.25

Hot Chocolate € 3.00

Allergens:

Please advise your server of any special dietary requirements, including intolerance and allergies. Where possible, our trained staff will advise you on alternative dishes. However, while we do our best to reduce the risk of cross contamination in our restaurant, we CANNOT guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect

Ice Cold Drinks/Beer:

Bottled Beer € 4.50/€ 5.00
(Coors Light (Su)/Corona (Su)/Bulmers (Su)/Galway Ale/Galway Stout)

¼ Bottles Wine € 4.50
(Extensive Wine List available, please ask your server)

Soft Drinks € 1.50
(Coke/Diet Coke/7up/7up Free/Orange/Kid's Juice)

San Pellegrino € 2.00
(Lemon/Orange/Grapefruit)

Health Drinks € 2.95

Water Small € 1.50
(Still (Su)/Sparkling (Su))

Water Large € 2.95

G = Contains Gluten
C = Contains Crustaceans
E = Contains Eggs
F = Contains Fish
P = Contains Peanuts
So = Contains Soya
Su = Contains Sulphur Dioxide & Sulphites
M = contains Milk
N = Contains Nuts
Cel = Contains Celery
Mu = Contains Mustard
Se = Contains Sesame Seeds
L = contains Lupin
Mol = Contains Molluscs